Do you agree or disagree with the following statement? It's better to have rules about the type of clothing that people wear at schools or in their workplace.

Policies about the clothing that people choose to wear ~~in~~ on different occasions have never been the same. Rules vary significantly according to the context they have been established. While some believe that rules should be relaxed in people's apparel, I think that laws are required in this setting because having harmony in clothes people wear is a practice of discipline, avoids distractions and does not provoke a sense of inequality.

Every public environment such as schools or workplaces has set some goals, forcing its member to follow its procedure in order to meet their purposes. When individuals are obliged to accept a dress code, it helps them to take the situation more seriously, realizing the setting they are in cares about discipline generally. For example, in a working condition, when rules regarding clothing are taken seriously by all members, new comers will probably generalize this notion to other fields. It means that they may consider that not only does the company emphasize its policies for attire, but also other issues like punctuality are of great importance in that setting. Therefore, when discipline is practiced in this context, employees may learn some personal discipline in their own lives.

Moreover, distraction from one's own activity is one of the main challenges that the human mind deals with. There are many stimulants in people's surrounding, making them lose their focus and leave their tasks incomplete. Children and teenagers are more prone to this issue because their mind is still developing in various fields and they easily become distracted. For instance, in a class where important materials are being taught, concentrating on one subject is necessary. When children wear different outfits which vary in coloring, others may find it hard to direct their attention toward their lessons. As a result, by wearing the same uniform in an educational context, instead of losing their attention, children may become more involved in class discussions and receive higher grades.

Finally, expressing oneself is more possible through the way they choose their outfits. The wealthier a class in society a person belongs to, the more expensive clothes they may pick to wear. In some situations ~~that~~ where people are gathered to perform a specific task, like studying in school or working in a company, wearing something that reveals one's social class, may seem inappropriate. Those who belong to middle or lower class in society may feel uncomfortable as a result of having normal clothes. This even may provoke jealousy among children whose families can hardly meet their expenses. As a consequence, some people may feel depressed and lose their motives to work.

To sum up, I think that rules of wearing clothes ~~in~~ on formal occasions should be made. I suggest that policy makers impose mild penalty for those who do not follow these rules. Because wearing uniform outfits results in becoming more disciplined in one's personal life, higher grades in an educational context and having a higher spirit in the workplace.